

Appendix 1: search strategy in some databases.

| Databases | Search strategy |
|------------------------|---|
| Web of sciences | TOPIC: (Menorrhagia OR heavy menstrual bleeding) AND TOPIC: (complementary therapies OR phytotherapy OR herbal medicine) |
| PubMed | (Menorrhagia[Title/Abstract] OR heavy menstrual bleeding[Title/Abstract]) AND (complementary therapies[Title/Abstract] OR phytotherapy[Title/Abstract] OR herbal medicine[Title/Abstract]) |
| Scopus | (TITLE-ABS-KEY (<i>menorrhagia</i> OR " <i>heavy menstrual bleeding</i> ") AND TITLE-ABS-KEY (<i>complementary</i> AND <i>therapies</i> OR <i>phytotherapy</i> OR <i>herbal</i> AND <i>medicine</i>)) |